HumanAIzed

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FREE SAMPLE / FRAMEWORK 3: TIME TO WEALTH RESTRUCTURE

MAKE YOUR EXPERTISE

work more than once

From HumanAIzed: AI Operating System for Leaders



A FRAMEWORK YOU CAN PUT TO WORK

Book excerpt / Five steps / Prompt / Fillable worksheet

START HERE

Start with one thing you repeat

This sample includes the complete introduction to HumanAIzed and the opening two pages of Framework 3, Time to Wealth Restructure, reproduced from the book. They show how to make your expertise useful more than once while keeping your judgment in the work.

A five-step application and a completed example follow, so you can try one change yourself. The full chapter also explores costs, time and delivery choices in more depth.

01 **Explore the framework**

Read the introduction on pages 3-5, the book excerpt on pages 6-7 and the five steps on page 8. Page 9 shows a completed example.

02 **Try the short prompt**

Copy the complete prompt on page 10 into your AI assistant. Fill in the four brackets, send it and answer the follow-up questions. Write “not sure yet” for anything you do not know.

03 **Test one small change**

Use the worksheet on page 11 to record your idea, build limit and first test. Try it with one suitable person or case, then return to record what you learned.

The worksheet is fillable. Download this PDF, open it in a PDF reader that supports forms and save a copy with your answers. You can also print it or use a notebook.

FRAMEWORK / 06

PROMPT / 10

WORKSHEET / 11

A NOTE FROM BOJANA

A different way to work

A client project had reached the point where the answer was, “It cannot be done.” I knew what I wanted to achieve, but the approach we were using was not getting us there. Instead of accepting that as the end of the conversation, I took the problem to AI and began exploring another way.

What came back gave me something I could work with. I still had to recognise what was useful, reject what did not fit and refine the result to the standard the client expected. My experience shaped every one of those decisions. AI gave me another way to move the work forward, and I had to decide what to make of it.

After more than 25 years in marketing, communication and business, that possibility matters to me. I know how easily an idea can get stuck between a brief, a deadline, a technical limitation and several people waiting for one another. I also know that experience often helps you see a possible solution before you have the time or resources to explore it. Working with AI has given me more room to investigate those possibilities and put what I know into practice.

You may recognise something similar in your own working life. You understand your clients, know your field and have ideas you would like to develop. Yet much of the week goes into preparing material, explaining the same things, coordinating people and revisiting unfinished tasks. By the time you reach a question that deserves your full attention, there may be very little time left.

This book is for business owners, consultants and team leaders who want to bring AI into that everyday reality. Perhaps you already use it for emails, ideas or summaries and are wondering what comes next. Perhaps you have spent so long correcting its answers that you are unsure whether it helps. Either experience gives you a useful starting point: a closer look at the work you want to improve.

Across ten frameworks, we will explore how to make better use of your expertise, explain your value, rethink how work gets done and turn a decision into a practical next step. You can begin with the question that matters to you now and return to the others as your needs change.

You do not need a technical background. Bring a real question, the context you understand and a willingness to examine the answer. Your experience will help you judge what is useful and decide what deserves a place in your work.

THE HUMANAIZED APPROACH

Be the director of the work

When I say “be the director,” I mean taking responsibility for the purpose and standard of the work while deciding how AI can help you get there. You explain what you are trying to achieve, provide the context that matters and judge whether the result is useful. Sometimes you will want to explore several possibilities; at other times, you will know exactly what you need. Your judgement guides the work in both situations.

I call this the HumanAIzed approach. It begins with what you know, what matters to you and the people your work needs to serve. Your experience helps you recognise which details matter. Your creativity opens up possibilities, and your understanding of people helps you decide whether an answer makes sense in the situation. AI becomes useful when you give those qualities a clear role in the process.

Consider how you prepare a proposal. A request arrives, you clarify the need, gather information, shape an offer and review it before sending. AI could help you organise the inquiry, identify questions to ask or prepare a draft from an approved template. You still decide whether the offer fits the client and whether its scope, price and commitments are appropriate.

Looking at the whole process helps you see where support would be useful. You may discover that a clearer brief or a better way of collecting information improves several steps at once. Developing an AI mindset begins with noticing these opportunities in work you already understand.

Once you find an approach that helps, give it a form you can use again. Keep a short description of your services, current approved information, a reusable template and the checks a proposal needs to pass. Make the relevant material available when using AI, and update it as your work changes.

That is what I mean by building an AI operating system: a repeatable way of working that connects your knowledge, AI support and human decisions. Each task gives you something to learn from, and those lessons improve the starting point for the next one.

START WITH YOUR QUESTION

How to use this book

Start with a question from your own work. You may want to explain your services more clearly, make room in an overloaded week or improve a process your team repeats. Choose the framework that helps you examine that question. You can read the book from beginning to end, or return to individual chapters when a particular decision needs your attention.

Each framework combines an explanation, a practical example and prompts you can adapt. Read the example first so you understand how the approach works and what kind of result you are working towards. Then bring in your own situation, including the details that make it different from the example.

When you reach a prompt, replace the brackets with information you are permitted to share in your chosen AI tool. A short, specific account is enough to begin. If you do not know something, say so. The conversation can help you identify what you need to find out.

For chapters with several prompt stages, start with Stage 1. Read the response, answer its questions and correct any misunderstanding before moving to the next stage. Some later stages require you to take action and return with results. Allow time for that work. The optional example prompts let you practise with the fictional case before applying the method to your own situation.

Use the worksheets in this book or the companion workbook to keep a record of what you decide. Note the information you relied on, what remains uncertain, the next action and when you will review it. These notes give you a useful starting point when you return to the question.

A simple rhythm runs through the book:

Read → Choose → Try → Review

Read enough to understand the approach. Choose one question to work on. Try the prompt and take a practical step. Review what happened, including what AI helped with and what you needed to correct.

As you go, keep in mind what you want any extra capacity for. It might be better client work, time to develop an idea or a less crowded week. We have lives beyond our task lists, and the way we use AI should make room for them too.

03

TIME TO WEALTH RESTRUCTURE

Make your expertise useful more than once

A full calendar can feel reassuring until every new opportunity creates the same question: where will I find the time? You may be doing valuable work, with clients who appreciate it, while knowing that most of what you earn still depends on your personal availability.

Time to Wealth Restructure is about how you organise and deliver your expertise. It is not a promise of passive income. We are looking for a practical way to make some of your knowledge useful again, so that each engagement does not require you to rebuild everything from the beginning.

Sometimes the answer will be a product. Often, the first useful change is smaller: a better intake process, material you can adapt, a repeatable service or an explanation clients can use without asking you to deliver it again. The choice depends on what people need and what it takes to serve them well.

Why this matters in my own work

Much of my work has involved direct delivery: strategy, live training, consulting and conversations that need my judgment. That work has built credibility and strong relationships. It also requires preparation, attention and time in the calendar. A new engagement can be a good opportunity and still add pressure to the week.

AI helped me look more closely at the knowledge I kept explaining and the decisions that genuinely needed my involvement. A principle from a workshop can become a playbook section, a guided exercise or a resource a team uses later. The knowledge remains useful, while the amount of personal support changes.

This book is part of that process. It gives ideas from my work a form someone else can use without waiting for a session with me. Live work still has its place, particularly when the situation needs interpretation, a sensitive decision or discussion with a team.

For your own work, begin with one service you already know well. Look for something you explain, prepare or check repeatedly. That is a more useful starting point than asking AI to invent a whole new business around your expertise.

LOOKING AT YOUR DELIVERY

What needs you and what can be reused

Think through a recent engagement from the first inquiry to the last follow-up. Include gathering information, preparation, delivery, checking the result and answering questions afterwards. A service that appears to take two hours may depend on several more that never appear on the calendar.

Some parts will be almost the same each time. Others need predictable changes, such as choosing examples for a different industry. Then there are decisions that depend on the particular client, the people involved or the consequences of getting something wrong. Keep those differences visible when you decide what to change.

A workshop introduction may be reusable. Its examples may need adapting. A conversation about how a team should use AI with sensitive information still needs someone who understands that organisation. Trying to standardise every part could remove the contribution the client values most.

Different ways your knowledge can reach people

You can continue working directly with clients while using AI to help prepare material. You can create resources that support several engagements. You can offer a service with a clearer, repeatable scope. You can also provide ongoing support when the client has an ongoing need. These are choices you can combine, rather than steps you must climb in a fixed order.

A subscription makes sense when people receive something worth returning for. A recorded course needs an audience that wants to learn that way and a practical route to reach them. A template needs to be clear enough to use, or supported well enough that the buyer is not left solving the difficult part alone.

It is also worth asking why a task currently comes back to you. Sometimes your experience is essential. Sometimes a colleague needs a clearer brief or an agreed quality standard. Documenting that standard may be more useful than turning the whole service into a product.

If you work inside an organisation

The same thinking applies to internal work. A useful onboarding guide can reduce repeated explanations, while unusual questions still go to an experienced colleague. Your result might be more time for the team or a more consistent service. You do not need to turn internal knowledge into something for sale to benefit from reusing it.

FRAMEWORK 03 / THE FIVE-STEP APPLICATION

Time to Wealth Restructure

Use these five decisions to apply the framework to one service or recurring task.

01 **Map the work**

Choose one service or task you know well. List preparation, delivery, checking and follow-up. Note the time you know and mark any estimates.

02 **Separate three kinds of work**

Reuse: stays the same. Adapt: changes with each situation. Keep personal: needs your judgment, discussion or a decision.

03 **Choose one useful change**

Pick one repeated part to turn into a guide, checklist or template. Name who will use it and what it should help them do.

04 **Set a realistic build limit**

Choose a maximum time and cash budget. Include review, support and updates, and decide what can wait while you build.

05 **Test, compare and decide**

Try it once. Compare the current effort with the new total effort, including follow-up. Check usefulness, then keep, revise or stop.

Your result: one testable change, a clear personal role and a review date.

FRAMEWORK 03 / A SIMPLE EXAMPLE

The framework, filled in

Elena runs onboarding workshops. Clients ask what to prepare before each one. This fictional example shows one small change she could test.

01 **Current task**

Gather questions, send preparation instructions, confirm details and answer follow-up. First, measure the time this takes for one workshop.

02 **Reuse / Adapt / Keep personal**

Reuse: the preparation checklist. Adapt: dates, links and examples. Keep personal: agreeing the team’s goals and handling unusual questions.

03 **One useful resource**

A one-page preparation guide built from approved answers. Clients should know what to bring and what to do before the session.

04 **Build limit**

Illustrative limit: two hours for a first draft and review, with no extra cash spend planned. Reduce the scope if needed and allow for updates.

05 **Test and decision**

Try it before one workshop. Compare preparation and follow-up time with the baseline, ask what was unclear, then decide whether to reuse or revise it.

Reuse it if it helps clients and the total effort is worthwhile.

FRAMEWORK 03 / YOUR AI CONVERSATION

Try it with your own work

Copy the complete prompt below. Replace the four brackets with your own details, using only information you are allowed to share.

Help me apply Framework 3, Time to Wealth Restructure, to one part of my work.

My work is [briefly describe your work].
I often repeat [one task and its main steps].
The people who need this are [who they are and what they need].
I can invest [maximum time and cash budget] in a first version.

Ask up to two questions to clarify the need, current effort or constraints, then wait for my answers.

After I answer, separate what I can reuse, what needs adapting and what should stay with me. Suggest one small resource and a simple outline.

Show the work needed to create, check, maintain and support it. Keep known facts separate from estimates; do not invent demand or savings.

Finish with one test within my budget: what to measure before and after, what feedback to collect and when to review. Help me decide whether to keep, revise or stop. I will review anything before sharing it.

FRAMEWORK 03 / YOUR WORKSHEET

Your first reusable resource

Complete the first four sections before your test. Return to the last section afterwards.

01 | The work I repeat

Who needs it? List the main steps and current effort (or unknowns).

02 | Reuse / Adapt / Keep personal

Note what stays the same, what changes and what still needs me.

03 | My one useful change

What resource will I make, and what should it help someone do?

04 | Build limit and first test

Time/cash budget, review/support effort, test case and review date.

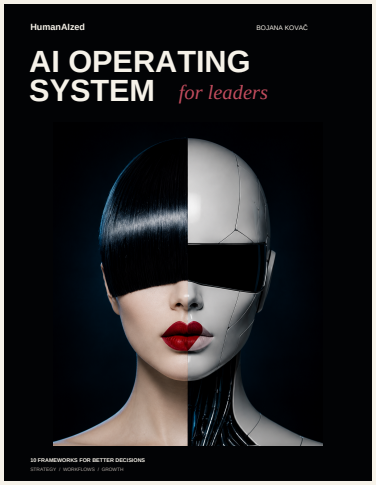
05 | What happened and my decision

Usefulness, total time/cost and follow-up. Keep, revise or stop?

YOUR NEXT STEP

Keep building your AI operating system

You have explored Framework 3 and tried a small application. The full book takes the ideas further through ten frameworks, worked examples and practical prompts.



THE FULL EDITION

10 frameworks for better decisions

Positioning and offers

Time, focus and workflows

Business models and growth

Decision-making and execution

Go further with the companion workbook

Work through the frameworks in a fillable PDF, with space to capture your context, decisions and next steps.

ASK ABOUT THE FULL BOOK & WORKBOOK

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